

FNLM

Friday Night Live Mentoring (FNLM) provides opportunities for young people to be in ongoing, mutually beneficial, caring relationships, which strengthen a young person's resiliency to the challenges they face in life. FNLM pairs high school and middle school youth together for a year-long peer-to-peer partnership that works to develop leadership and engagement of both the mentor and protégé.

FNLM Components



MATCHES A HIGH SCHOOL MENTOR WITH A MIDDLE SCHOOL PROTÉGÉ



INCLUDES MUTUALLY BENEFICIAL, STRUCTURED, WEEKLY MENTORING SESSIONS



USES A RECRUITMENT, APPLICATION, SCREENING, & TRAINING PROCESS FOR MENTORS



PROVIDES RIGOROUS EVALUATION, DOCUMENTING PARTICIPANT DEVELOPMENT



PROVIDES LESSONS ON PREVENTION OF DRUG, ALCOHOL, AND TOBACCO USE AND PEER PRESSURE

FNLM Benefits

- Provides leadership opportunities
- Provides academic support
- Increases civic engagement
- Increases healthy behaviors
- Supports social emotional learning
- Increases self-esteem
- Eases transition from middle school to high school
- Expands involvement in positive extracurricular activities

Empowering Youth, Strengthening Communities, Creating Change